

PROGRAM MANAGEMENT

Dietetic Services

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P O BOX 462, BROMHOF, 2154 SOUTH AFRICA

TEL: 011 – 792 4429

FAX:086 512 0 511 CELL: 082 212 0324

E-mail: scharf@icon.co.za

Internet: <http://www.dieteticservices.co.za>

DIETARY MANAGER - used internationally

Nutdm.exe

Comprehensive nutritional analysis of diet recalls / recipes / menus – saving hours

PROGRAM FEATURES (2010 version) – Windows 7 compatible

- **NUTRITIONAL ANALYSIS** of a 24-hour recall / recipe / menu for +/- 80 nutrients → This analysis can be saved on memory stick & printed in MS-Word
- **Printout can be saved to Documents folder & MS Word for further processing**
- **> 7000 FOODS** in the database: USDA food composition tables + selected SA foods, eg **Fortified maize meal**
- The database consists of **comprehensive NUTRITIONAL INFORMATION** for each food
 - Macronutrient analysis
 - amino acid profiles
 - micronutrients analysis
 - fatty acid profiles
- Use **FOOD NAMES to find FOOD CODES** when entering a dietary recall / recipe / menu
- **FOOD CODE LIST** (easily updated by user as new foods become available in the market place, eg fortified maize meal, and GMF)
- Easily accessible **NUTRITION INFORMATION** on ANY food / recipe / diet recall **For food labels!**
- **PRINTOUTS:**
 1. **2–PAGE:** for the Dietitian's record (this can be saved on computer)
 2. **6 –PAGE:** Simplified explanation of dietary analysis
 - For the patient / client - easy to understand:**Excellent educational TOOL**

Information on printouts:

- RDA COMPARISONS
- NUTRIENT DENSITIES (INQ)
- IBM (Ideal Body Mass)
- BMI (Body Mass Index)
- PRUDENT DIET RECOMMENDATIONS / COMPARISONS
- DRI's are no longer included

ADDED SPECIAL FEATURES OF DIETARY MANAGER

1. **FOOD EXCHANGE LISTS** Food lists of similar nutritional specifications can be viewed
2. **FOOD SUBSTITUTION LISTS**
3. **DESCENDING LIST OF FOOD NUTRIENT**
A descending order list of all foods for a selected nutrient per portion
4. **FOOD / RECIPE COMPARISON PROGRAMS**
5. **MOISTURE CONTENT** (of foods & recipes)
- Nutritional analysis adjusted with moisture change
6. **FOOD COSTING** (Eg for recipe / menu costing)
7. **Printouts may be saved to memory stick or My Documents**
Saving printout and speeding up work
8. **For dieticians CEU points may be obtained when attending a formal **Dietary Manager** training session (PENDING)**
9. **Program may be loaded onto as many computers as the user/ institution has. If program is bought per inst**
10. ****Dietary Manager** is used for BOTH 1ST AND 3RD WORLD NUTRITION SOLUTIONS**
11. **The PROGRAM comes with a COMPREHENSIVE MANUAL**
13. ****DIETARY MANAGER HAS SERVED DIETICIANS FOR 24 YEARS****
With continual upgrades

COST R 1000 (ex postage and packaging)

Contact Program Management for further detailed information