

PROGRAM MANAGEMENT

P O BOX 462, BROMHOF, 2154, SOUTH AFRICA

TEL: 011 – 792 4429 082 212 0324

scharf@icon.co.za

DIETARY ASSISTANT

"USER-FRIENDLY DIET AND MENU PLANNING"

NB ONLY FOR USE BY DIETITIANS AND STUDENT DIETITIANS

PROGRAM FEATURES

- Speedy **diet planning** for most medical conditions requiring dietary intervention
-while still allowing you to tailor-make each patient's diet
- **ENERGY AND MACRO-NUTRIENT CALCULATIONS**

IBM (Ideal Body Mass)

BMI (Body Mass Index) --> Time required achieving desired weight loss / gain
- **DIET PLAN** (based on food exchanges - already loaded)
- **MEAL PLAN**
- **SAMPLE MENU**
- → DIABETIC SYSTEM
→ CARDIAC SYSTEM
→ RENAL SYSTEM
→ GENERAL DIETS SYSTEM
→ ENTERAL AND INFANT FEEDING SYSTEM
- **PRINTOUTS:** (printed from 'My Documents')
 - **DIET FOR PATIENT** (with sample menu)
 - **RECORD FOR DIETICIAN**
- **COMPREHENSIVE ANTHROPOMETRIC ANALYSIS PROGRAMS**
- **PLAN INFANT / ENTERAL / PARENTERAL FEEDS** (products are already loaded -
this database file can easily be updated by the user, when new products become available)
- A SET OF **EXCHANGE LISTS** (FOR THE DIETS) IS PROVIDED
MS Word document

NB: The program is WINDOWS compatible AND has a BUILT - IN BACKUP FACILITY
Sends printout to My Documents for further processing

* PROGRAM COMES WITH A MANUAL

**NB: * The program can run from a memory stick
* Phone-in telephone support available**

→For dieticians CEU points may be obtained when attending a Dietary Assistant training session