

# **PROGRAM MANAGEMENT**

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## **DIETARY ASSISTANT**

**"USER-FRIENDLY DIET AND MENU PLANNING"**

**NB ONLY FOR USE BY DIETITIANS AND STUDENT DIETITIANS**

### **PROGRAM FEATURES**

- Speedy **diet planning** for most medical conditions requiring dietary intervention  
-while still allowing you to tailor-make each patient's diet
- **ENERGY AND MACRO-NUTRIENT CALCULATIONS**  
  
IBM (Ideal Body Mass)  
  
BMI (Body Mass Index) --> Time required achieving desired weight loss / gain
- **DIET PLAN** (based on food exchanges - already loaded)
- **MEAL PLAN**
- **SAMPLE MENU**
- → DIABETIC SYSTEM  
→ CARDIAC SYSTEM  
→ RENAL SYSTEM  
→ GENERAL DIETS SYSTEM  
→ ENTERAL AND INFANT FEEDING SYSTEM
- **PRINTOUTS:** (printed from 'My Documents')
  - **DIET FOR PATIENT** (with sample menu)
  - **RECORD FOR DIETICIAN**
- **COMPREHENSIVE ANTHROPOMETRIC ANALYSIS PROGRAMS**
- **PLAN INFANT / ENTERAL / PARENTERAL FEEDS** ( products are already loaded -  
this database file can easily be updated by the user, when new products become available)
- A SET OF **EXCHANGE LISTS** (FOR THE DIETS) IS PROVIDED  
MS Word document

NB: The program is WINDOWS compatible AND has a BUILT - IN BACKUP FACILITY  
Sends printout to My Documents for further processing

\* PROGRAM COMES WITH A MANUAL

**NB: \* The program can run from a memory stick  
\* Phone-in telephone support available**

**→For dieticians CEU points may be obtained when attending a Dietary Assistant training session**